## **GOLD HOUR IDEAS: (5 Hours per Semester)**

## **DIRECTLY SERVING the most vulnerable members of our society**

- based on Corporal Works of Mercy with those who are poor, sick, young, elderly, disabled ...
  - Making and Serving food to those who are poor and hungry
    - One Bistro (Xenia) <a href="https://onebistro.org/">https://onebistro.org/</a>
    - Hope House Mission (Middletown) <a href="https://hhmission.org/">https://hhmission.org/</a>
    - St. Leo's Food Pantry (Cincinnati)
      <a href="https://www.signupgenius.com/go/10c0e49adae28a46-stleosummer">https://www.signupgenius.com/go/10c0e49adae28a46-stleosummer</a>
    - Our Daily Bread Kids Club (Cincinnati) <a href="https://ourdailybread.us/volunteer/">https://ourdailybread.us/volunteer/</a>
    - New Life Baptist Mission (Hamilton) <a href="http://www.missionhamilton.org/">http://www.missionhamilton.org/</a>
    - o Broken Bus Ministry (Cincinnati) https://www.thebrokenbusministry.org/
  - Teaching the faith to young children (faith formation programs or vacation bible school events at your local church)
    - http://www.thecatholicdirectory.com/directory.cfm?fuseaction=search\_directory&coun try=US&state=OH&absolutecity=Cincinnati
  - Visiting the elderly or sick in nursing homes or hospitals
    - Bickford (Middletown)
    - Otterbein Senior Living (Lebanon)
    - o Atrium Medical Center <a href="https://www.premierhealth.com/locations/hospitals/atrium-medical-center/ways-to-help/volunteer">https://www.premierhealth.com/locations/hospitals/atrium-medical-center/ways-to-help/volunteer</a>
  - Working with children
    - St. John XXIII latchkey program (Middletown)- Karen Stewartkstewart@stjohn23school.org
    - SLINKY tutoring (Monroe) http://www.monroeumc.org/Slinky
    - NEST Community Learning Center (Loveland) https://nestclc.org/our-story-and-our-mission/
    - Shoes 4 the Shoeless (Dayton) (Dayhttps://shoes4theshoeless.org/get-involved/#volunteer
  - Being a Big Brother or Sister to an underprivileged youth at a local YMCA
    - Big Brothers/Big Sisters of Butler County <a href="http://www.bbbsbutler.org/">http://www.bbbsbutler.org/</a>
    - Big Brother/Big Sister of Greater Cincinnati <a href="https://www.bigsforkids.org/">https://www.bigsforkids.org/</a>
  - Building a House alongside the future owners through Habitat for Humanity
    - Dayton Habitat <a href="https://daytonhabitat.org/volunteer">https://daytonhabitat.org/volunteer</a>
    - Cincinnati Habitat <a href="https://www.habitatcincinnati.org/how-to-help/volunteer.html">https://www.habitatcincinnati.org/how-to-help/volunteer.html</a>
  - Playing with/mentoring children who have disabilities
    - o Abilities First (Middletown) <a href="https://www.abilitiesfirst.org/involved/volunteer">https://www.abilitiesfirst.org/involved/volunteer</a>
    - Joe Nuxhall Miracle League (Fairfield) <a href="https://nuxhallmiracleleague.org/volunteer-registration/">https://nuxhallmiracleleague.org/volunteer-registration/</a>
    - Cincinnati TOPSoccer https://www.cincytopsoccer.com/pages/3298/volunteer
    - o Hamilton County Special Olympics <a href="https://www.specialolympics-hc.org/">https://www.specialolympics-hc.org/</a>

## **RED HOUR IDEAS: (5 Hours per Semester)**

## VOLUNTEERING at church, school, or community events or helping others indirectly at non-profit organizations

- Volunteering at or participating in a fundraising event for charity
- Building beds for children in need
  - Sleep in Heavenly Peace (Butler Co. Chapter) <a href="https://www.shpbeds.org/chapter/oh-butler-co">https://www.shpbeds.org/chapter/oh-butler-co</a>
- Volunteering as an altar server at Mass
- Stocking shelves in a food pantry or making meals to be delivered to others
  - Hands Against Hunger (Cincinnati) <a href="http://thechildrenarewaiting.org/">http://thechildrenarewaiting.org/</a>
  - Shared Harvest Foodbank (Fairfield) <a href="https://www.sharedharvest.org/volunteer.html">https://www.sharedharvest.org/volunteer.html</a>
  - Ronald McDonald House (Cincinnati) <a href="https://www.rmhcincinnati.org/get-involved/volunteer/">https://www.rmhcincinnati.org/get-involved/volunteer/</a> or (Dayton) <a href="https://rmhcdayton.org/service-opportunities/volunteer/">https://rmhcdayton.org/service-opportunities/volunteer/</a>
- Volunteering at your parish fish fry or festival
- Volunteering to help at or lead Fenwick events
  - o Fundraising, Alumni, or All-School events
  - Sporting and Marching Band events
  - Class Retreats
  - Development Office activities
  - Admissions offices activities
- Sorting clothes or other items at a charitable agency
  - Matthew25Ministries (Blue Ash) https://m25m.org/help/volunteering/
  - Threads of Miami Valley (Miamisburg) <a href="http://threadsoutreach.org/volunteer.html">http://threadsoutreach.org/volunteer.html</a>
- Working with animals
  - 4 Paws for Ability (Xenia) <a href="https://4pawsforability.org/">https://4pawsforability.org/</a>
  - Paws Adoption Center (Monroe) <a href="http://www.pawsadoptioncenter.org/">http://www.pawsadoptioncenter.org/</a>
  - Animal Friends Humane Society (Hamilton) <a href="http://www.animalfriendshs.org/ways-to-help/volunteer/">http://www.animalfriendshs.org/ways-to-help/volunteer/</a>
  - Humane Society of Dayton <a href="https://hsdayton.org/how-to-help/volunteer/#1536777865652-22703fb4-e87b">https://hsdayton.org/how-to-help/volunteer/#1536777865652-22703fb4-e87b</a>
- Caring for the environment
  - Gorman Heritage Farm (Cincinnati) <a href="http://gormanfarm.org/volunteer">http://gormanfarm.org/volunteer</a>
  - Keep Middletown Beautiful <a href="http://keepmiddletownbeautiful.org/volunteers/">http://keepmiddletownbeautiful.org/volunteers/</a>
  - o Dayton Metro Parks <a href="https://www.metroparks.org/make-a-difference/volunteer/">https://www.metroparks.org/make-a-difference/volunteer/</a>