

## **GOLD HOUR IDEAS: (5 Hours per Semester)**

### **DIRECT SERVICE with the most vulnerable members of our society**

-based on Corporal Works of Mercy to those who are poor, sick, young, elderly, disabled, etc.

- **Making and Serving a meal to those who are hungry at a soup kitchen**
  - One Bistro (Xenia) <https://onebistro.org/>
  - Hope House Mission (Middletown) <https://hhmission.org/>
  - Our Daily Bread Kids Club (Cincinnati) <https://ourdailybread.us/volunteer/>
  - New Life Baptist Mission (Hamilton) <http://www.missionhamilton.org/>
- **Teaching the faith to young children (faith formation programs or vacation bible school events at your local church)**
  - [http://www.thecatholicdirectory.com/directory.cfm?fuseaction=search\\_directory&country=US&state=OH&absolutecity=Cincinnati](http://www.thecatholicdirectory.com/directory.cfm?fuseaction=search_directory&country=US&state=OH&absolutecity=Cincinnati)
- **Visiting with the elderly or sick in nursing homes or hospitals**
  - Bickford (Middletown) - Cindy Depew; 937-550-4911; [cindydepew6@gmail.com](mailto:cindydepew6@gmail.com)
  - Otterbein Senior Living (Lebanon) - Billi-Jo Sanders; 513-696-8568; [BilliJo.Sanders@otterbein.org](mailto:BilliJo.Sanders@otterbein.org)
  - Adopt A Nursing Home Resident (Cincinnati) <https://adoptanursinghomerresident.org/>
  - Atrium Medical Center <https://www.premierhealth.com/locations/hospitals/atrium-medical-center/ways-to-help/volunteer>
- **Tutoring children after school**
  - St. John XXIII latchkey program (Middletown)- Karen Stewart-[kstewart@stjohn23school.org](mailto:kstewart@stjohn23school.org)
  - SLINKY tutoring (Monroe) - <http://www.monroeumc.org/Slinky>
- **Being a Big Brother or Sister to an underprivileged youth at a local YMCA**
  - Big Brothers/Big Sisters of Butler County <http://www.bbbsbutler.org/>
  - Big Brother/Big Sister of Greater Cincinnati <https://www.bigforkids.org/>
- **Building a House alongside the future owners of a home through Habitat for Humanity**
  - Dayton Habitat <https://daytonhabitat.org/volunteer>
  - Cincinnati Habitat <https://www.habitatcincinnati.org/how-to-help/volunteer.html>
- **Playing with/mentoring children who have disabilities**
  - Abilities First (Middletown) <https://www.abilitiesfirst.org/involved/volunteer>
  - Joe Nuxhall Miracle League (Fairfield) <https://nuxhallmiracleleague.org/volunteer-registration/>
  - Cincinnati TOPSoccer <https://www.cincytopsoccer.com/pages/3298/volunteer>
  - Hamilton County Special Olympics <https://www.specialolympics-hc.org/>

## **RED HOUR IDEAS: (5 Hours per Semester)**

**VOLUNTEERING at church, school, or community events or helping others indirectly at other non-profit organizations**

- **Volunteering at or participating in a fundraising event for charity**
- **Volunteering as an altar server at Mass**
- **Stocking shelves in a food pantry or making meals to be delivered to others**
  - Hands Against Hunger (Cincinnati) <http://thechildrenarewaiting.org/>
  - Shared Harvest Foodbank (Fairfield) <https://www.sharedharvest.org/volunteer.html>
  - Fenwick's Talon Thursday lunch packing events for St. Vincent DePaul
- **Volunteering at your parish fish fry or festival**
- **Volunteering to help at or lead Fenwick events**
  - Fundraising, Alumni, or All-School events (i.e. Open House, 1 Fenwick, the Gala, etc.)
  - Falcon Youth Nights
  - Sporting and Marching Band events
  - Class Retreats
  - Development Office activities
  - Admissions offices activities
- **Sorting clothes or other items at a charitable agency**
  - Matthew25Ministries (Blue Ash) <https://m25m.org/help/volunteering/>
  - Threads of Miami Valley (Miamisburg) <http://threadsofmiami.org/volunteer.html>
- **Working with animals**
  - 4 Paws for Ability (Xenia) <https://4pawsforability.org/>
  - Paws Adoption Center (Monroe) <http://www.pawsadoptioncenter.org/>
  - Animal Friends Humane Society (Hamilton) <http://www.animalfriendshs.org/ways-to-help/volunteer/>
  - Humane Society of Dayton <https://hsdayton.org/how-to-help/volunteer/#1536777865652-22703fb4-e87b>
- **Caring for the environment**
  - Gorman Heritage Farm (Cincinnati) <http://gormanfarm.org/volunteer>
  - Keep Middletown Beautiful <http://keepmiddletownbeautiful.org/volunteers/>
  - Dayton Metro Parks <https://www.metroparks.org/make-a-difference/volunteer/>